

DSK Soccer Academy 2019 – BALLERS and Green Points Salesians Football Club (GPSFC) offering

The DSK Soccer Academy consists of the:

1. DSK Soccer practices (one per grade),
2. Additional BALLERS School Soccer practices (one per grade with an optional Friday afternoon practice at Green Point Salesians Football club)
3. Option to join the Green Point Salesians Football Club in order to play Saturday club league matches. The Friday afternoon practice at GPSFC recommended.

The benefit of this new soccer offering for DSK children:

DSK students (girls and boys) have the opportunity to **play school matches**, play **club league matches** while **practicing only twice a week at DSK** and **receiving a consistent high standard of coaching** for every student. This frees up the time for children to do other activities and prevents them from “burn-out” or injury due to too “early specialisation”. It supports the DSK Long Term Athlete Development Approach of creating an environment for children to “love sport for life”.

What to expect in the DSK/BALLERS practices:

The DSK Soccer practices will be aligned with the BALLERS soccer syllabus, to allow all children the same exposure to systematic skill progression training. The BALLERS syllabus is a 10 week programme based on the FA & Dutch coaching standards i.e. control, range of passing, running with the ball, dribbling, skills & tricks, game awareness, defending, match play, finishing.

The additional benefits of BALLERS training is the 1coach : 5player ratio, with every coach 100% trained up on the BALLERS Syllabus and every player has a ball. This provides children with more ball time and individual focus from coaches, providing an ideal environment for skill development and fun, as well as the opportunity to evaluate their own progress. BALLERS run on time, children listen and the results are evident.

What makes a true “**DSK BALLER soccer player**”, is not only skill, speed, goals scored or defended, but sportsmanship. The values and principles learnt equip our children with the attributes required to be happy and successful in life. To help our children to achieve this, all stakeholders contribute through their conduct. These “contributions” are captured in our “DSK Soccer Academy Soccer Commitments” for Players, Parents and Coaches.

For the maximum benefit of our children, parents and children should read and sign the “Soccer Commitments” together. It provides a great opportunity for conversation on sportsmanship.

BALLERS training times (Girls & Boys practice at the same time but will be practicing in separate groups if numbers allow it):

Mini BALLERS (Age 4&5)	Wed 13H00 – 13H45
Grade 1&2 (Age 6 & 7)	Wed 14H00 – 15H00
Grade 3&4 (Age 8&9)	Wed 15H00 – 16H00
Grade 5&6 (Age 10&11)	Mon 15H00 – 16H00
Grade 7&8 (Age 12&13)	Wed 16H00 – 17H00
Grade 9-12 (Age 14-18)	Mon 16H00 – 17H00

** (Parents please notify socceracademy@dsk.co.za if your child would like to attend, but cannot due to extra mural clashes, travel or other)

** Players from all schools are welcome to join the BALLERS training.

Optional Friday practice (recommended for those registering for club membership):

U/6 & U/8	15H00 – 16H00
U/10 & U12 (U14)	16H15 – 17H30

WHERE:

At St Michaels field in St Michaels road closest to DSK (not the bottom field closest to Kloof Nek Road). Entrance through the little gate where the busses are parked.

FEES: ALL PAYMENTS TO GO TO BALLERS

BALLERS fees per term – R1000

GPSFC membership fees – R600 (Term 2&3)

KIT:

BALLERS: Ballers kit will be required to be worn at every BALLERS practice.

GPSFC: There is an option to buy kit OR to use kit for matches from the “kit pool”. The league requires that teams play in the club kit.

CLUB TEAM ENTRIES (Green Point Salesians Football Club):

The club intends to register the following teams for Saturday club league matches (provided enough players register for each age group).

U7 & U8 (5 a side with subs), U9 & U10 (7 a side with subs) and U11 (9 a side with subs), managed by BALLERS

U12 (9 a side with subs) and U14 , managed by GPSFC coaches, although some coach for BALLERS as well. (15 per team, including reserves).

MATCHES:

Term 2&3. Club league matches are on Saturday mornings. GPSFC will do everything in their power to host most matches at their club in Green Point.

Term 1&4: BALLERS participate in “Development league” matches, SOME Sunday mornings.

COMMUNICATION:

To receive communication on all BALLERS activities, parents must please save the telephone number BALLERS: 0764107298. A “broadcast” group will be set up on WhatsApp where you will receive message and responses ONLY from BALLERS e.g. weekly skill training notification etc.

GETTING TO AND FROM BALLERS PRACTICES:

Parents who are not able to escort their children to St Michaels field in time for practice are required to sign a consent form for their children to be collected at aftercare.

1. **Grade 1 & 2's** attending the **2pm-3pm Wednesday** training, will be collected at aftercare (1.45pm) and taken to BALLERS practice at St Michaels and returned to aftercare after 3pm. Parents to sign a consent form which, must please be requested from and e-mailed to socceracademy@dsk.co.za
2. **Grade 3&4's** attending the **3pm-4pm training**, will be collected at aftercare 2.45pm and escorted to St Michaels field. All children to be collected by parents at St Michaels at 4pm.
3. Parents are responsible for the transport of their children to and from the optional Friday practices at GPSFC.

IMPORTANT: Please register your child on the DSK “AG/Extramural Registration” form for BALLERS practices which needs to be handed in at Reception if you want your Grade 1-4 to be collected at aftercare. IF their names are not on the list, they will not be allowed to be collected and parents will need to get them to practice.

REGISTRATION:

BALLERS - info@ballerssoccerschool.co.za

Green Point Salesians Football Club registration: socceracademy@dsk.co.za

FAQ's asked by parents about the DSK BALLERS ACADEMY:

1. **Will girls and boys be mixed?** Practice times are the same for girls and boys as they are at DSK. The girls and boys are put into different groups during the same practice time, unless there are too few girls to justify separate groups/times.
2. **Won't DSK be losing DSK players to Ballers and the club?** It is unlikely, as children will not have to choose between school practice, 2 club practices a week and 2 soccer school practices amidst busy extra mural schedules (5 practices - to be able to play both school and club matches). Where currently they have to choose.
3. **Are there enough children to make up "club teams" if our children join GPSFC(BALLERS)?** There will be club league teams registered for age groups U7, U8, U9, U10, U11 managed by BALLERS for GPSFC. However, final confirmation is only possible once registrations have been received. With current numbers, there will at a minimum be U8 (including U7's), U10 (including U9's) and U12 (including 11) teams registered for league. These club teams will not be exclusively DSK teams, they will also be made up of players from BALLERS Sea Point, the French school and old club members from GPSFC, providing the mixed school environment that parents value in club participation. ANY CHILD from any school who can afford the BALLERS fee can join the St Michaels training. We have invited our neighbouring schools. The DSK teams will continue as it has been in the past, if you join BALLERS or not.
4. **Do we have to join the club?** No. It is possible to join the BALLERS ONLY and/or GPSFC ONLY. GPSFC is the cheapest club to join in the City Bowl / Atlantic Seaboard, with a fantastic clubhouse set-up and setting for parents to enjoy while watching soccer.
5. **Can payment be done per term?** BALLERS payment of R1000 can be done per term upfront. R600 GPS Football Club fees of R600 to be done in Term 2. **BOTH PAYMENTS MADE TO BALLERS.**
6. **Will girls have club league matches?** Unfortunately there is not a league for girls in the Cape Town Tygerberg Football Association league (CTTFA) yet. There are people in the industry activity working at addressing the lack of girls' leagues, but we are actively researching options. The school league for girls is improving, but junior teams are still very few. **Girls can join boys' teams in the league.** Please indicate if your daughter is interested in playing with the boys. More matches between other schools will be pursued.