

Cafeteria & Tuck-Shop Prices

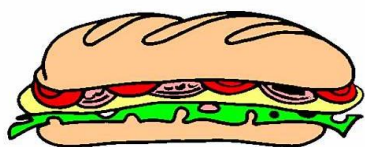


Rubro Iced Tea 330ml	R 16.00
Water - Flavoured 500ml (Low Kilojoule)	R 12.00
Water - Still / Sparkling 500ml	R 8.50
Cappy Fruit Juice 200ml	R 9.50
Hot Chocolate	R 13.00
Freshly Ground Filter Coffee (Cafeteria only)	R 13.00
Tea (Glen,Rooibos,5 Roses) / Coffee (Nescafé)	R 9.00

Pain Au Chocolate 90g	R 16.50
Laugen Cheese Sticks	R 16.00
Laugen Pretzel ✓	R 12.00
Laugen Stick / Roll ✓	R 10.00



Brownie / Muffin	R 9.00
Mini Biscuits (Biscuit Factory)	R 7.50
Mantellis Biscuits 2s	R 7.00



Filled Crispy Rolls - Various (Gluten Free Rolls Available - Pre-order Require)	R 27.00
Wrap - Chicken / Vegan ✓	R 34.00
Schnitzel Burger (Thursdays only)- Chicken / Vegan ✓	R 36.00

Pizza (Hawaiian/Margherita)	R 24.00
Hot Dog (German Vienna)	R 20.00
Soup (2 nd & 3 rd Term only) ✓	R 17.00
Quiche (v)	R 21.00
Spring Roll Tuesdays (Veg/Chick)	R 14.50
Samoosa (Vegetable/Beef)	R 9.00
Hard Boiled Egg (incl. Salt Sachet)	R 5.00



Meal in a Tub R 32.00

Hawaii Stirfry - Chicken or Vegan & Gluten Free /
 Macaroni & Cheese (v) / Butter Chicken Curry & Rice
 Vegan & Gluten Free Chickpea Curry (v) / Spaghetti Bolognese
 "Lunch of the Day" in a Tub (Subject to availability,Cafeteria only)

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Fruit Salad (1st & 4th Term only)	R 24.00
Breakfast Tub (Yogurt & Granola)	R 22.00
Yogurt 175ml - Plain/Variou s Fruit & Spoon	R 14.00
Fruit Whole	R 6.00

Chocolates Bars - Various	R 16.00
Jelly Tots 41g / Wine Gum Roll	R 15.00
Mini Chocolates - Various	R 7.50



Fruity Bears - Strawberry 40g (Montagu)	R 17.00
Sour Wiggles - Cherry 40g (Montagu)	R 15.00
Jungle Bar - Various	R 15.50
Flaki Fruit 40g (Montagu)	R 12.50
Mixed Dried Fruit Drops 50g (Montagu)	R 12.50
Salt Sticks 40g (Croco)	R 9.50
Berry's Bars Minis - Various	R 9.00
Roasted Corn - Chutney/Sweet Chili 50g (Bakali)	R 9.00



Nachos 100g (Gluten Free)	R 20.00
Droewors Original 35g	R 19.00
Bakali Rice Cakes 40g	R 12.50
Popcorn 20g - Butter / Salt	R 4.50



ChockStick	R 16.00
Zooty Pop Orange	R 9.50
Icebite (Frozen Fruit Juice)	R 5.50

@ Linga Longa only

Cereal Bar (Mo-Fr from 07:00 - 10:30)

Cereal Bar - Cereal or Muesli R 22.00 / Instant Oats R 14.00
Add (instead of milk) : Plain Yogurt R 7.00 / Soy Milk R 5.00 / Tub & Spoon R 4.00

Salad Bar (Mo-Th from 11:30)

Side Salad R 26.00 / Main Salad R 50.00 / TA Salad Add R 6.00

Lunch of the Day (Mo-Th from 12:00) - R 64.00 / TA Add R 6.00

includes (optional) Salad Bar & Dessert

TA includes recyclable lunch container(s) & Cutlery

Chip Packets (Fridays only, 1st & 2nd Break) - Refer to Posters